

PLEASE COMPLETE THE FOLLOWING INFORMATION:

*(Please print clearly)*

PARTICIPANT'S NAME: \_\_\_\_\_

AGE: \_\_\_\_\_ MALE \_\_\_\_\_ FEMALE \_\_\_\_\_ DATE OF BIRTH: \_\_\_\_\_

PARENT/GUARDIAN NAME: \_\_\_\_\_

HOME PHONE #: \_\_\_\_\_ PARENT/GUARDIAN CELL: \_\_\_\_\_

E-MAIL: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY/STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

IN AN EMERGENCY PLEASE NOTIFY: *(if parent or guardian not available)*

NAME: \_\_\_\_\_ PHONE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

RELATIONSHIP (to above): \_\_\_\_\_

DOES APPLICANT HAVE A PHYSICAL OR MENTAL DISABILITY ABOUT WHICH THE INSTRUCTOR NEEDS TO BE AWARE FOR INSTRUCTIONAL MODIFICATIONS OR EMERGENCY PURPOSES? (if YES, please explain) \_\_\_\_\_

SIGNATURE: \_\_\_\_\_

PARENT SIGNATURE: \_\_\_\_\_ *(If under 17 years of age)*

Rec Use:

Receipt # \_\_\_\_\_ Amout Pd. \_\_\_\_\_ Level \_\_\_\_\_

Day & Time \_\_\_\_\_ Date \_\_\_\_\_ Staff \_\_\_\_\_ Posted \_\_\_\_\_

**NO REFUNDS – NO EXCEPTIONS!**

# City of Long Beach

## Department of Parks & Recreation

### Fall 2016 Swim Program

*At the Recreation Center Swimming Pool*  
*700 Magnolia Boulevard, Long Beach, NY 11561*

Swim Lesson Registration for Long Beach School District Residents begins on  
**Tuesday, September 13, 2016 at 6:30am**

Swim Lesson Registration for the general public opens on  
**Tuesday, September 20, 2016 at 6:30am**

Classes are filled on a first come-first serve basis.  
Payment can be made by cash, credit card (Visa or MasterCard)  
or check payable to the City of Long Beach

**[www.longbeachny.gov/rec](http://www.longbeachny.gov/rec) 516-431-3890**

Lesson Fees as follows:

Resident Child	\$120.00 (registration plus \$40.00 admission or pool pass)	= \$160.00
Resident Adult	\$120.00 (registration plus \$80.00 admission or pool pass)	= \$200.00
Non-Resident Child	\$145.00 (registration plus \$40.00 admission or pool pass)	= \$185.00
Non-Resident Adult	\$145.00 (registration plus \$80.00 admission or pool pass)	= \$225.00

#### City Council

Len Torres, *President*  
Anthony Eramo, *Vice- President*  
Eileen J. Goggin  
Scott J. Mandel  
Anissa D. Moore



#### City Manager

Jack Schnirman

*Assistant Superintendent of  
Parks & Recreation*  
Paul Ferrante

# SCHEDULE OF CLASSES

	September	October	November	December
Monday	26	17-24	7-14-21-28	5-12-19
Tuesday	27	11-18-25	1-15-22-29	6-13
Wednesday	28	5-19-26	2-9-16-23-30	7
Thursday	29	6-13-20-27	3-10-17	1-8
Friday	30	7-14-21-28	4-18	2-9-16
Saturday		1-8-15-22-29	5-12-19	3-10
Sunday		9-16-23-30	6-13-20	4-11-18

-**Pre-School Class** (6 months – 5 years of age) Adult must accompany child in water.  
 -**Pre-K/Kindergarten Class** (4 & 5 year olds) Child must be able to swim without a floatation device, jump & tread into deep water a minimum of 5 seconds

**LEVELS** (must be 6 years of age or older)

**Level 1** (Intro to Water Skills)

**Level 2** Fundamental Aquatic Skills

**Level 3** Stroke Development

**Level 4** Stroke Improvement

**Level 5** Stroke Refinement

**Level 6** Personal Water Safety

At the completion of the ten-week class periods, participants in progressive swim course levels 1 – 6 are tested individually in the skills that are taught in their levels. Upon successful completion of the course and test, Red Cross Certification Cards are awarded and names are registered with the Red Cross.

# SWIM LESSON APPLICATION

*Please check lesson, day & hour*

## Pre-School

- ☐ Sunday 11:00 – 11:45 a.m. (Cathy) ☐ Saturday 11:00 – 11:45 a.m. (Cathy)  
☐ Thursday 10:00 – 10:45 a.m. (Cathy)

## Pre-K/Kindergarten

- ☐ Saturday 11:45 – 12:30 p.m. (Cathy) ☐ Sunday 11:45 – 12:30 p.m. (Cathy)  
☐ Tuesday 4:00 – 4:45 p.m. (Cathy) ☐ Sunday 12:30 – 1:15 p.m. (Cathy)  
☐ Tuesday 4:00 – 4:45 p.m. (Beth) ☐ Tuesday 4:00 – 4:45 p.m. (Gene)

## Level 1

- ☐ Sunday 10:15a.m. – 11:00 a.m. (Cathy) ☐ Thursday 4:00 – 4:45 p.m. (Gene)  
☐ Monday 4:00 – 4:45 p.m. (Gene)

## Level 2

- ☐ Sunday 10:15 – 11:00 a.m. (Cathy) ☐ Monday 4:00 – 4:45 p.m. (Beth)  
☐ Friday 4:00 – 4:45 p.m. (Joe A) ☐ Friday 4:45 – 5:30 p.m. (Joe)

## Level 3

- ☐ Sunday 9:30 – 10:15 a.m. (Cathy) ☐ Monday 4:00-4:45 p.m. (Cathy)  
☐ Friday 4:00 – 4:45 p.m. (Gene) ☐ Wednesday (2/3) 4:00 – 4:45 p.m. (Cathy)

## Level 4

- ☐ Saturday 10:15 – 11:00 a.m. (Cathy) ☐ Friday 4:00 – 4:45 p.m. (Cathy)

## Level 5

- ☐ Saturday 9:30 -10:15 a.m. (Cathy) ☐ Wednesday 4:00- 4:45 p.m. (Gene)

## Level 6

- ☐ Saturday 9:30 - 10:15 a.m. (Cathy)

## Adult Lessons

- ☐ Tuesday 8:15 – 9:00 p.m. (Cathy S)